





Project number: 2021-1-IE01-KA220-SCH-000027825

Energy Resources & Light Pollution Mitigation

Topic: Energy consumption and efficiency

Lesson Plan for Teachers - Age Group 10 - 12



Project Information

PROJECT: CliC-PoliT

PROJECT TITLE: Engaging students and the society in environmental and climate change activities to raise awareness and strengthen responsible citizenship.

ACRONYM: Climate Action and Light Pollution Threat

PROJECT WEBSITE: https://www.clicpolit.eu/

PROJECT NO.: 2021-1-IE01-KA220-SCH-000027825

PROJECT COORDINATOR: CIT Blackrock Castle Observatory, Cork, Ireland

Project Partners









Module: Energy Resources & Light Pollution Mitigation

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Topic: Energy consumption and efficiency

Lesson Plan – Monitoring energy consumption and efficiency

Duration: 2 lessons of 45 minutes (90 minutes)

	Students complete three different activities to evaluate the energy consumption in a
	household and explore potential ways to reduce that consumption. The focus is on
Short Description	conservation and energy efficient electrical devices and appliances. The lesson reinforces
of the Lesson	the relationship between power and energy and associated measurements and
	calculations required to evaluate energy consumption. The lesson provides students with
	more concrete information for completing their culminating unit assignment.
	After this lesson, students should be able to:
	Calculate energy use and analyze how changing behaviors and appliances affects
	energy use.
Learning Goals	 Conduct an experiment and make comparisons based on experimental evidence.
Learning Goals	• List and explain ways to conserve energy and explain how energy conservation
	can reduce the environmental impact of resource extraction;
	• Describe how buildings can be made more energy efficient and why is that so
	important
	• The learner understands the concept of energy efficiency and sufficiency and
	knows socio-technical strategies and policies to achieve efficiency and
	sufficiency.
	• The learner is able to clarify personal norms and values related to energy
	production and usage as well as to reflect and evaluate their own energy usage
Green	in terms of efficiency and sufficiency.
Competences	Can assess and question personal needs to carefully manage resources in the
Linked	pursuit of longer-term goals and common interests
	• Can identify and adapt to different lifestyles and consumption patterns to use
	fewer natural resources as well as to mobilise others to adopt more sustainable
	choices.
	Promoting a culture of social mindfulness and responsibility regarding energy
	consumption and renewable energy sources.
Target Group	Primary school students aged 10-12 years old
Educational	Presentations, Videos, Discussions and Gamified activities
Approach	
Link to School	Science, Physics, Earth and Environmental Sciences
Curricula (if	
applicable)	
Facility/	Classroom
Fauinment	Internet access
Lyuphen	Projector

	Computer lab
Tools/ Materials	Teacher's Handbook
	Student's Presentation
	Introduction to the Activity and links to the previous Lesson Plan
	Introduction to the Activity and links to the previous Lesson Plan How you ever considered how exactly we calculate our energy consumption at home? Have you come up with some good ideas about how you might reduce your energy consumption? Have you ever heard about energy vampires? Yes, we all have energy vampires at home! In this lesson, we will explore more closely how we use energy in our homes and identify some ideas for conserving energy or using it more efficiently. Recall these terms: Conservation – not using consumer energy products (for example, turning lights off, walking instead of driving) Efficiency – benefiting from the value of using energy (for example, still being mobile), but consuming much less energy to meet same goal. Video: Energy Conservation vs. Energy Efficiency https://www.youtube.com/watch?v=lqJ3ckBncyY (1 min and 32 sec) Task 1: Monitoring energy consumption at home (60 minutes)
Main Tasks	 1.1 Introduction to energy consumption (40 minutes) You can start the activity with the following videos explaining energy consumption at a global scale as well as in our cities. Remember that students already know form the previous lesson plan (Energy production and energy sources) how energy is produced and sources of renewable and non-renewable energy. Video: How much electricity does it take to power the world? https://www.youtube.com/watch?v=tjwrG4Debc4 (5 min and 1 sec) Video: Cities & Rising Energy Consumption 101 - Matt Ferrell x Student Energy https://www.youtube.com/watch?v=7itJt8c0V8M (6 min and 4 sec) You can use the following graphs and maps to illustrate energy consumption patterns and numbers worldwide. In addition, students
	 may use these interactive maps to see the energy consumption per country and per source of energy production. Chart: Global primary energy consumption by source https://ourworldindata.org/grapher/global-energy-substitution?time=earliest2021 Chart/Map: Annual change in primary energy consumption https://ourworldindata.org/grapher/change-energy-consumption https://ourworldindata.org/grapher/change-energy-consumption https://ourworldindata.org/grapher/primary-energy-consumption

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Chart: Electricity production by source

https://ourworldindata.org/grapher/electricity-prod-source-stacked Chart/Map: Per capita electricity generation https://ourworldindata.org/grapher/per-capita-electricity-generation

https://ourworldindata.org/grapher/per-capita-electricity-generation



Hint: In order to be easier for the students the amount of energy used globally you can show to them the following example comparing the energy consumption (mean) per household and globally.



At this point, you can use pages 22-23 of the Teachers Handbook to explain how the total energy consumption is highlighted above is distributed per sector (i.e. household, transport, industry etc.). Speaking of that, 28% of the total energy consumption is linked to the energy we are using in our houses (i.e. the 2-8 MWh/year). Now the challenge begins!

You may ask students if they can calculate their home energy consumption! To succeed this, they must first create a list or a drawing with the electric devices they have in their home, cooling/heating components etc.

It is also important to list all bulbs in their house (type, wattage and hours per day they lights are on - approximately)



1.2 Monitoring energy consumption at home (20 minutes)

After the students create the drawing or the list with all devices consuming energy in their home, they may start calculating the total electricity consumption and how much does it cost using the following App:



APPLIANCE CALCULATOR



Keep in mind that the calculator works for the US, hence, it would be useful to explain to students how we convert US dollars to Euros in order to be more realistic. You may use the following calculator to make all conversions:

Google 'us dollars to euros converter'

Task 2: Managing energy consumption and efficiency at home (30 minutes)



2.1 Introduction to energy conservation and efficiency (15 minutes) You can continue to this lesson plan by explaining to the students that ok, now we know how much energy we consume on a daily or annual basis, but, what can we do to conserve energy or increase our house





ANNEXES

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Worksheet_1_Energy-Conservation-vs.-Energy-Efficiency

	Enorgy Concernation we Enorgy
	Energy Conservation vs. Energy
	Efficiency: What's the Difference?
Define 1	he following terms using your own words without looking anything up.
Energy	conservation:
Energy	efficiency:
Read ea conserv if you th	ich statement below. Place the letters EC in the line if you think the statement represents energy ration. Place an EE in the line if you think the statement represents energy efficiency. Write both ink the statement refers to both energy conservation and energy efficiency.
1	. Not driving to the video store so you can save gas
2	. Combining errands to save gas
3	. Wearing a sweater and using extra blankets in winter
2	. Using a programmable thermostat to change the temperature at the house when no one is home
5	. Using advanced technologies to provide better quality energy services with less energy
6	b. Using resources wisely
7	. Eliminating energy waste
8	B. Using technology to reduce energy use
ç	9. Turning off the lights by hand when you leave the room
1	0. Turning off the lights in the classroom by motion sensor
1	1. Turning off the computer on Friday before going home for the weekend
1	2. Turning the lights off on a vending machine without turning the vending machine off
1	3. Turning off the TV when you are not watching it
1	4. Driving a hybrid car
Now re energy meant e	ad over the statements you thought meant energy conservation. Reread your definition of conservation. Do you need to modify your definition? Do the same for statements you thought energy efficiency. Rewrite your definitions below.
Energy	conservation:
Enerav	efficiency:

Printable1_home_costs_losses

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Printable_3_vampire-energy_3

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insulation on the inside or outside of the wall can

dramatically reduce the heat that escapes your home. ***********************

is quick and makes no mess because the work can be done from outside your home.
